



2019 MDRT Top of the Table Annual Meeting e-Handout Material

Title:	Keeping it Positive; Gratitude to Keep you on Track
Speaker:	Jenny Brown
Presentation Date:	Friday September 27, 2019
Presentation Time:	10:30 a.m. -12:00 p.m.
Session Room:	Congressional Ballroom B-C

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Gratitude Diary - Business					
Date	This week, the following good things happened in our Business:	This week, the following people helped JBS in some way	This week, we are pleased that we learned more about....	This week, we were kind to ourselves when...	On Monday, we will make sure we thank...
xxx					
xxx					

Gratitude Diary - Personal				
Date	Today, the following good things happened in my life	Today, the following people helped me in some way	Today, I am pleased that I learned more about....	Today, I was kind to myself when...
Xxx				
Xxx				






